

Note

Quantitative isolation of N^ε-methylhistidine by ion-exchange paper and column chromatography

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Since the potential usefulness of urinary N^ε-methylhistidine (3-methylhistidine, 3-MeHis) for measuring the catabolic rate of skeletal muscle protein was suggested¹, confirmatory evidence has been reported by several workers²⁻⁶. Catabolic rates of muscle proteins under various nutritional conditions have been estimated by this method⁶⁻¹⁰. For further studies on the catabolic rate of muscle proteins or the metabolism of 3-MeHis, it is necessary to isolate pure 3-MeHis quickly and quantitatively from animal tissues and natural products. Although many workers have reported the separation of 3-MeHis by thin-layer chromatography, paper chromatography and paper electrophoresis¹¹⁻¹⁶, these methods give a poor resolution of 3-MeHis from N^ε-methylhistidine (1-methylhistidine, 1-MeHis). On the other hand, ion-exchange chromatography has sometimes proved successful^{3,17,18}. In an extension of these studies, we report here convenient methods for the quantitative isolation of 3-MeHis from animal tissues and other natural products by ion-exchange paper and column chromatography.

EXPERIMENTAL

Separation of 3-MeHis by ion-exchange paper chromatography (method A)

Ion-exchange chromatography was carried out with 20 × 20 cm carboxymethylcellulose paper (Toyo Scientific Instrument Co., Tokyo, Japan). Two micro-litres of mixtures containing approximately 5 μg each of 3-MeHis, histidine (His) and 1-MeHis were placed on the paper at a distance of 1.5 cm between each. These amino acids were developed by the ascending technique with 0.1 M α-picoline in a glass chamber. Development to a distance of 11 cm at room temperature required 70 min. The paper was then dried to remove the solvent, sprayed with a mixture of 50 ml of 0.1% ninhydrin in ethanol, 2 ml of collidine and 15 ml of glacial acetic acid¹⁹ and finally heated for 2 min at 100°.

Isolation of 3-MeHis by ion-exchange column chromatography (method B)

Ion-exchange chromatography was performed using 200-400-mesh Dowex

50-X8 (pyridine form). The resin was packed by gravity into a column (19×1.2 cm I.D.) to give a bed height of 12.2 cm and a column volume of 15 ml. The column had previously been equilibrated with 0.2 *M* pyridine. The hydrolyzates, corresponding to 1–2 g of fresh tissues, 1 g of de-fatted skin of rats²⁰ or 0.5–1 g of feedstuffs²¹, were evaporated to dryness and the residues were dissolved in 5 ml of 0.2 *M* pyridine and applied to the column. The acidic and neutral amino acids were eluted with 150 ml of 0.2 *M* pyridine. 3-MeHis was then eluted with 55 ml of 1 *M* pyridine. The flow-rate of the eluent was *ca.* 0.75 ml/min. The 3-MeHis fraction thus obtained was evaporated to dryness. When the radioactivity in the 3-MeHis fraction was measured, the fraction was re-dissolved in 5 ml of 0.2 *M* pyridine and the above procedure for isolating 3-MeHis was repeated in order to reduce quenching in a liquid scintillation spectrometer. The 3-MeHis thus obtained was finally dissolved in 2 ml of 0.01 *M* hydrochloric acid and an aliquot of 1.5 ml was used for measurement of the radioactivity. The remainder of the sample was used for the determination of 3-MeHis. The 3-MeHis fraction was found by amino acid analysis to contain only 3-MeHis.

RESULTS AND DISCUSSION

A typical chromatogram obtained with method A is shown in Fig. 1. 3-MeHis was separated completely from His and 1-MeHis. The R_F values of 3-MeHis, His and 1-MeHis were 0.82, 0.71 and 0.65, respectively.

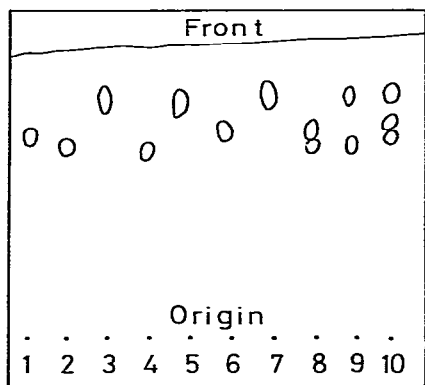


Fig. 1. Separation of 3-MeHis from His and 1-MeHis using carboxymethylcellulose paper developed with 0.1 *M* α -picoline. 1 = His; 2 = 1-MeHis; 3 = 3-MeHis; 4 = 1-MeHis; 5 = 3-MeHis; 6 = His; 7 = 3-MeHis; 8 = mixture of His and 1-MeHis; 9 = mixture of 3-MeHis and 1-MeHis; 10 = mixture of 3-MeHis, His and 1-MeHis.

Table I shows the complete separation of 3-MeHis from His and 1-MeHis by method B. 3-MeHis was eluted with 1–4 column volumes of 1 *M* pyridine, which was contrary to the findings of Haverberg *et al.*³, who reported that 3-MeHis appeared after applying 7–8 column volumes of 1 *M* pyridine. The mean recovery of 3-MeHis was $97 \pm 0.7\%$ (standard error; $n = 8$) within the range 0.166–6.92 μ mole. Lysine, methyllysines, arginine and methylarginines were not eluted from the column, even after applying 300 ml of 1 *M* pyridine and an additional 600 ml of 2 *M* pyridine. Creatinine was eluted together with acidic and neutral amino acids.

TABLE I

RETENTION VOLUMES OF 3-MeHis, His AND 1-MeHis WITH A COLUMN OF DOWEX 50-X8 (PYRIDINE FORM)

After elution of acidic and neutral amino acids with 0.2 M pyridine, 3-MeHis, His and 1-MeHis were eluted with 1 M pyridine.

Amino acid	Retention volume (ml)
3-MeHis	15- 55
His	110-170
1-MeHis	180-240

Method A for the separation of 3-MeHis is rapid and efficient, especially when many samples have to be analysed at the same time, *e.g.*, eluates from a column. If a fluorogenic reagent ^{16,22-28} was used for the detection of the amino acids, method A could be more useful because of its simplicity and high sensitivity.

Method B is convenient and efficient for the quantitative isolation of 3-MeHis. By employing method B, we found the contribution rate of skin and gastrointestinal tract to urinary excretion of 3-MeHis in the rat²⁰. Further, analyses with this method showed that feedstuffs, *e.g.*, maize, soybean meal, oat, wheat and rice brans and lucerne meal, contain significant amounts of 3-MeHis. This indicates that dietary 3-MeHis should be determined before calculating catabolic rates of skeletal-muscle proteins of domestic animals from urinary excretion of 3-MeHis ²¹.

The methods reported here for the rapid and/or quantitative isolation of 3-MeHis could be useful for studies of the rates of catabolism of muscle proteins.

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